ZEM
WELLNESS CLINIC ALTEA

Stop Smoking

Leave smoking behind, strengthen your health.

RATE · €2,790

THE BOOST

A focused boost combining clinical assessment, emotional wellbeing support, cardiopulmonary testing and targeted therapies within a personalised approach designed to support the transition towards a smoke-free lifestyle.

THE BENEFITS

With ZEM Stop Smoking, you gain insight into your physical and emotional health. Tailored support helps reinforce healthier habits, support respiratory wellbeing and build confidence on your Stop Smoking journey.

WHAT'S INCLUDED

Clinic and Wellness Services	QTY.
Stop Smoking Boost Blood Test	1
Emotional Wellbeing Consultation	2
Cardiopulmonary Exercise Test on Treadmill or Cycle Ergometer	1
Pulmonary Nebulisation Treatment	3
Personalised IV Therapy	1
RLX BrainGym™ Metawell® Treatment	3