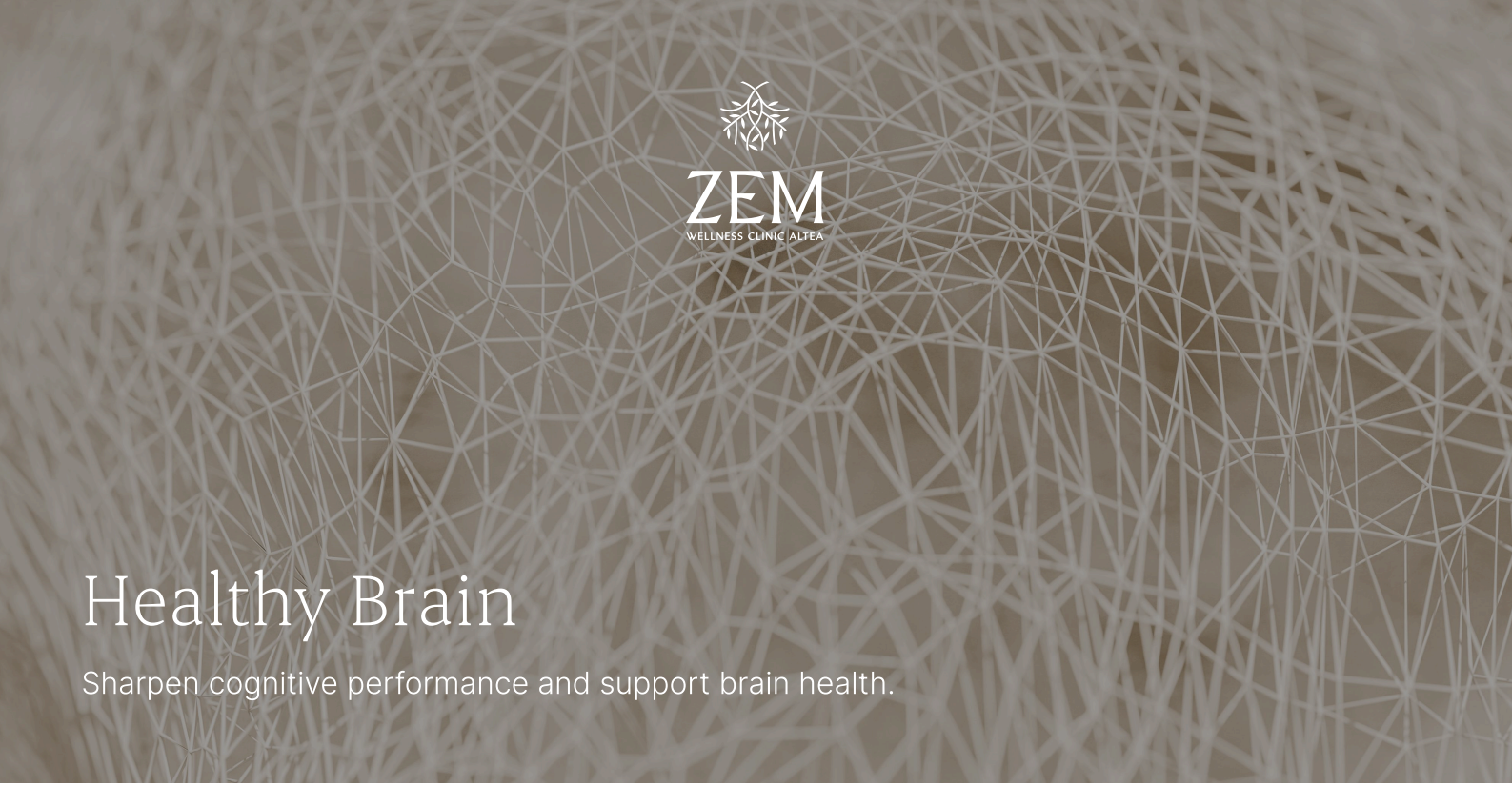


ZEM
WELLNESS CLINIC ALTEA

Healthy Brain

Sharpen cognitive performance and support brain health.

RATE · €2,200

THE BOOST

A focused boost combining cognitive assessment, brain mapping, personalised neurotherapy and restorative treatments to explore brain health, cognitive performance and emotional wellbeing.

THE BENEFITS

With ZEM Healthy Brain, you gain a clearer understanding of cognitive performance and emotional wellbeing. Individualized support helps promote mental clarity, relaxation and a more balanced approach to brain health.

WHAT'S INCLUDED

Clinic and Wellness Services	QTY.
Comprehensive Brain Health and Cognitive Performance Assessment: *Brain Health and Cognitive Performance Consultation* *Digital Neuropsychological Assessment* *Emotional State Evaluation* *Harvard Brain Health Test* *Brain Mapping with VR*	1
Personalised Neurotherapy	1
Emotional Wellbeing Consultation	1
Personalised IV Therapy	1
RLX BrainGym™ Metawell® Treatment	1
Mindfulness Session	2
Watsu® Treatment	1
Craniocervical Massage	1