

OZONE THERAPY

A medical therapy that uses a mixture of medical oxygen and ozone to stimulate the body's regenerative processes and promote overall health strengthening.



OBJECTIVE

Its aim is to induce a controlled and safe micro-oxidation in the tissues, stimulating the activation of the cellular antioxidant system.

BENEFITS

It helps combat oxidative stress, acts as a metabolic regulator, and functions as a broad-spectrum germicide. In addition, it has a modulatory effect on the immune system and improves oxygen transport to the tissues, promoting both venous and arterial circulation.

METHODOLOGY

At ZEM Wellness Clinic, ozone therapy is tailored to the guest's needs through various routes of administration. We offer Major (intravenous) and Minor (intramuscular) Autohemotherapy, where the blood is ozonated and reinfused to enhance health and well-being. Additionally, we provide rectal and subcutaneous applications, as well as aesthetic treatments, which are ideal for improving the skin and promoting cellular regeneration. It integrates seamlessly with all our health programmes, enhancing the benefits of each treatment.

DURATION

20 min.

WHO IS IT FOR?

Recommended for individuals seeking relief from chronic pain, autoimmune diseases, circulatory problems, or persistent infections. Additionally, it is used as a pro-ageing therapy, promoting cellular regeneration and contributing to overall well-being and long-term vitality.

SENSATIONS

During ozone therapy, sensations are usually minimal, although a slight discomfort, a feeling of cold, or a metallic taste in the mouth may be experienced. The associated risk with the treatment is very low.

RECOMMENDATIONS

It is advised not to consume alcohol after the treatment and to avoid undergoing intravenous nutrient therapy on the same day.

CONTRAINDICATIONS

It is contraindicated in cases of cancer, following a recent heart attack, and in individuals with glucose-6-phosphate dehydrogenase deficiency.

RATE

300€