

BOOST
ZEM PAIN RELIEF

Effective relief from chronic pain through an advanced medical approach that addresses the cause, not just the symptom, promoting movement, recovery, and an active, pain-free life.



OBJECTIVE Reduce and manage chronic pain, restore functionality, and improve quality of life through personalised medical treatments with lasting results.

METHODOLOGY Programme structured across three areas—spine, muscles, and joints—with regenerative therapies, advanced physiotherapy, and neuromodulation.

WHO IS IT FOR? For those experiencing chronic pain, musculoskeletal injuries, or physical limitations, and seeking to safely and sustainably restore mobility, energy, and wellbeing.

WHAT DOES IT INCLUDE? The programme is divided into three treatment areas—spine, muscles and joints, and high-performance sports—tailored to the specific needs and causes of the pain.

SPINE	
Traumatology Consultation	1
Ultrasound Diagnosis	1
Optimised Pharmacology and Nutritional Supplements	1
Specialised Physiotherapy Treatment	1
Diagnostic and Therapeutic Infiltration	1
Destroxa/Collagen Prolotherapy	1
Orthomized Bioregenerative Spine Medicine	1
Lesional or Pulsed Radiofrequency	1
Relounge - Metawell	3
Infrared Sauna	3-6
Mud and Magnesium Treatment	3
Underwater Massage	2

MUSCLES & JOINTS	
Traumatology Consultation	1
Ultrasound Diagnosis	1
Optimised Pharmacology and Nutritional Supplements	1
Specialised Physiotherapy Treatment	1
Prolotherapy and Percutaneous Neuromodulation Axomera	1
Pain Regenerative Medicine Consultation	1
Lesional or Pulsed Radiofrequency	1
Sports Massage	2
Relounge - Metawell	3
Localised Cryotherapy	3
Pressotherapy Combined Cryotherapy	3
Mud and Magnesium Treatment	3

HIGH PERFORMANCE SPORTS	
Traumatology Consultation	1
Ultrasound Diagnosis	1
Optimised Pharmacology and Nutritional Supplements	1
Physiotherapy and Rehabilitation Session	1
Diagnostic and Therapeutic Infiltration	1
Prolotherapy and Percutaneous Neuromodulation Axomera	1
Orthomized Bioregenerative Spine Medicine	1
Oxypro Hyperbaric Chamber	2
Cryotherapy	2
Pressotherapy Combined Cryotherapy	2
Sports Massage	2

RATE 5.500€